

Kelsall PPG Meeting

Thursday 24 November 2022

held by conference call

Minutes

Present : Caroline Stein (Chair), Alan Bottomley (Vice Chair), Michele Elvin (Secretary), Jen Bottomley, Alan and Ann Parsons, Dr Claire Baker, Julie Johnson, Nick Kusznr and Erin Murray.

Apologies & Minutes

Monica Haworth, Fiona Smith and Lorraine Hammond.

It was noted that Lorraine Hammond should have appeared under apologies and the month of the meeting should have read October.

1. Matters Arising

No matters arising from the minutes not covered in the meeting.

2. Chair's Report

There was no Chairs Report.

3. Update on the Medical Centre

The new practice nurse, Michele Reid, is now starting next Monday instead of early January 2023. However, that puts the available space in the medical centre under further pressure for space and some Doctors appointments will now be regularly held in the Old Bank.

The practice is in the process of getting ready to move and ordering items needed for opening in the new medical centre. There is a Gantt chart in place and a professional company organising the move.

The medical centre still have excess supplies of flu vaccinations and they need joint publicity between the surgery and PPG to publicise the clinic on December 3. They have been able to share some access of supplies with other practices. Clare reported that 80% of over 65s have taken up the vaccine.

4. Update on Care Community (CC)/PPG Chairs

The Rural Alliance CC group met this week. Dr Alistair Adey has become the new clinical lead and we now have some permanent support from the Integrated Care Partnership (ICP). Caroline gave an update at that meeting concerning the projects associated directly with Kelsall, as follows.

The money from the CC so far has been used on training the manager and volunteers so that we are ready to open as soon as possible. Community connector volunteers (CCV) have been trained in safeguarding, health and safety, GDPR and how to use the LiveWell website. DBS checks have been funded for the connectors. They will be present in the Hub every weekday morning, 9-12, when it

runs as a drop in space with drinks and cake. The CCVs will signpost visitors using the LiveWell website to help with specific questions. Other volunteers, also have had basic training, will provide the refreshments and a befriending service. Two volunteers have completed Level 2 Food hygiene courses.

We will also work with other individuals and organisations to provide published activities within the Hub, throughout the lunchtime period and early afternoon to help combat loneliness and social isolation. For example, OPAL are going to work with us to provide certain befriending activities, which have successfully worked in other rural areas. The Hub also intends to put on a light lunch, homemade soup and roll with cake, one day a week to help create a safe social time for befriending. We hope that over time many of the users of this space will become volunteers themselves as we know this improves their own wellbeing and they create a friendship group.

The bulk of the money will be used to support some of these activities, through room hire, materials and professional expertise. More details will follow as we approach the opening of the Hub. The manager is creating a timetable of events and is in discussions with many different service providers for example bereavement support, craft groups, exercise groups suitable for more mature people and health related advice sessions.

The delays in building works have prevented the creation of the sensory garden and outdoor class room. We have been working with another charity, Mersey Forest, who are helping with the design and providing trees, mulch and hedging. They will also help train the volunteers in planting techniques and maintenance. The local village nursery has also offered to provide suitable plants to fill the raised beds to create the sensory part of the design. Kelsall gardening club have also donated some money to provide the trees in the garden. The money that has been allocated from the Care Community will be used to provide the materials and labour for the hard landscaping. A local garden contractor has already been sourced.

The parcel of land has been cleared of builder's rubble and top soil placed on top. Once we take ownership of the Hub and land work will start straight away. We have been told this will happen February 2023.

Other ideas from the CC group includes Household Support grant for vulnerable people living in their own homes with help for fuel poverty. Another new initiative is "Let's Talk" held in safe warm spaces. Also holding an event to bring lots of different support groups and organisations together for anyone to attend.

The PPG chairs also met with Julie earlier this month. Thankfully the new Chair from the village surgeries has agreed to take over my role of representing all the RA surgeries at the PCN Board. The next board meeting is in December.

Caroline also provided an update from the PCN:

Dr Adey's role as clinical lead for the PCN will now be shared with Dr Christine Snowdon, Malpas. She will concentrate on the operational aspects of the role including reviewing the funded targets. Dr Adey will continue to concentrate on the strategic focus of the PCN. Dr Adey will take up the role of clinical lead for the RA Care community. Dr Andy Campbell, Tarporley, will be retiring in March 2023. A new PCN Chair will be required. The Community Team has moved out of the Adey practice. The new team including social workers has moved to Chowley Oak. This has been a very successful move.

The enhanced access service is now running providing additional appointments from 6.30pm to 8pm Monday to Friday and all-day Saturday. All RA practices, with the exception of the Village Surgery Group, are participating. Kelsall is able to offer evening appointments on Tuesday. The PCC is responsible for staffing the sessions on Friday evening and on Saturdays. The Friday and Saturday sessions are currently being held in the Adey practice but are staffed by the PCC. There have been a few IT teething issues but these are being worked through and resolved. The PCC has a facility called "Staff Box" which acts as a "bank" to fill some of the GP, nurse and admin vacancies.

The new PCN Manager, Mark Robinson, starts in January 2023. He has no NHS background and will have an in depth and thorough induction. The interim manager from the PCC will work with Mark until March 23.

A second mental health dementia nurse also starts in January.

The Additional Role Reimbursement Scheme (ARRS) has given extra money to the PCN to provide additional staff who help to reduce some of the workload from the GPs. For example, all the practices now have a clinical pharmacist and two of the practices now have a pharmacist technician. Eventually all the practices in the RA will have one. This has been very successful in freeing up GP time and providing a better service to the patients. The Integrated Care Board (ICB) and NHS dictate what sort of roles can be considered the PCN then chooses who they feel will benefit our rural area best. One paramedic would not work for the RA. Other examples are physician associates and the social prescribing link workers.

5. Wellbeing Hub

The building is complete apart from electrical testing, and procurement will be completed by January. Training is well underway and policies written and accepted by the trustees. The new accounting programme will be developed during December ready for the new financial year. Programme of activities is being pulled together. Once we have a confirmed date to take over the Hub, comms will go out and future activities will be publicised.

6. Fundraising

£1,228 at the last Big Quiz. The Morris Dancer is happy to host a mini-quiz every month. The first event had 61 people queuing up to take part and raised £375 in 2 hours. These events are booked until April 2023 at the Morris Dancer. The Morris Dancer provides a meal voucher worth £40 as the big prize each month.

The next event is scheduled for 14 December at 8.00 p.m.

To date the fundraising committee has organised events that have raised £4,945 for the Wellbeing Hub, just £55 short of the 2022 target with several events planned leading up to Christmas, this target will be met and exceeded.

Upcoming events are the Christmas Fair on 3 December and the Vale Royal Singers on 12 December.

7. Any Other Business

There was no AOB

8. Next Meeting

Thursday 19 January at 4.30 p.m. 2023 via Microsoft Teams. Any apologies to the Secretary, Michele Elvin. The following meeting will be held on **Thursday 16 February**.

There being no other business the meeting closed at 17.24 p.m.